

MEDICATION DEFERRAL LIST

DO NOT STOP taking medications prescribed by your doctor in order to donate blood.

Donating while taking these drugs could have a negative effect on your health or on the health of the recipient of your blood.

PLEASE TELL US IF YOU:

ARE BEING TREATED WITH ANY OF THE FOLLOWING TYPES OF MEDICATIONS:	OR HAVE TAKEN:	WHICH IS ALSO CALLED:		ANYTIME IN THE LAST:	
Antiplatelet agents (usually taken to prevent stroke or heart attack)	Feldene	piroxicam		2 days	
	Effient	prasugrel		3 days	
	Brilinta	ticagrelor		7 days	
	Plavix	clopidogrel		14 days	
	Ticlid	ticlopidine			
	Zontivity	vorapaxar		1 month	
Anticoagulants or "blood thinners" (usually taken to prevent blood clots in the legs and lungs and to prevent strokes)	Arixtra	fondaparinux		2 days	
	Eliquis	apixaban			
	Fragmin	dalteparin			
	Lovenox	enoxaparin			
	Pradaxa	dabigatran			
	Savaysa	edoxaban			
	Xarelto	rivaroxaban			
	Coumadin, Warfilone, Jantoven	warfarin		7 days	
	Heparin, low molecular weight heparin				
Acne treatment	Accutane Amnesteem Absorica Claravis Myorisan Sotret Zenatane	isotretinoin		1 Month	
Multiple myeloma	Thalomid Revlimid	Thalidomide lenalidomide			
Rheumatoid arthritis	Rinvoq	upadacitinib			
Hair loss remedy	Propecia	finasteride			
Prostate symptoms	Proscar	finasteride			
	Avodart Jalyn	dutasteride		6 Months	
Immunosuppressant	Cellcept	mycophenolate mofetil		6 weeks	
Hepatitis exposure	Hepatitis B Immune Globulin	HBIG			
HIV Prevention (also known as PrEP or PEP)	Any medication taken by mouth (oral) to prevent HIV	Truvada	emtricitabine and tenofovir disoproxil fumarate	3 months	
		Descovy	emtricitabine and tenofovir alafenamide		
	Injectable HIV prevention	Apretude	cabotegravir		2 Years
		Yeztugo	lenacapavir		
Basal cell skin cancer	Erivedge Odomzo	vismodegib sonidegib			
Relapsing multiple sclerosis	Aubagio	teriflunomide		2 years	
Rheumatoid arthritis	Arava	leflunomide			
Psoriasis	Soriatane	acitretin		3 Years	
	Tegison	etretinate			
HIV treatment	Any medication to treat HIV. May also be called antiretroviral therapy (ART)			Ever	
Experimental Medication	Any experimental medications used for any condition			12 Months	

For additional information, please see the back page.

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DO NOT STOP taking medications prescribed by your doctor in order to donate blood.

Some medications affect your eligibility as a blood donor for the following reasons:

Antiplatelet agents affect platelet function, so people taking these drugs should not donate platelets for the indicated time. You may still be able to donate whole blood or red blood cells by apheresis.

Anticoagulants or "blood thinners" are used to treat or prevent blood clots in the legs, lungs, or other parts of the body, and to prevent strokes. These medications affect the blood's ability to clot, which might cause excessive bruising or bleeding when you donate. You may still be able to donate whole blood or red blood cells by apheresis.

Isotretinoin, finasteride, dutasteride, acitretin, and etretinate can cause birth defects. Your donated blood could contain high enough levels to damage the unborn baby if transfused to a pregnant woman.

Thalomid (thalidomide), Revlimid (lenalidomide), Erivedge (vismodegib), Odomxo (sonidegib), Aubagio (teriflunomide), and Rinvoq (upadacitinib) may cause birth defects or the death of an unborn baby if transfused to a pregnant woman.

Cellcept (mycophenolate mofetil) and Arava (leflunomide) are immunosuppressants which may cause birth defects or the death of an unborn baby if transfused to a pregnant woman.

PrEP or pre-exposure prophylaxis involves taking a specific combination of oral medicines (i.e., short-acting antiviral PrEP) or injections (i.e., long-acting antiviral PrEP) as a prevention method for people who are HIV negative and at high risk of HIV infection. FDA has determined that the available data demonstrate that the use of PrEP or PEP may delay the detection of HIV by currently licensed screening tests for blood donations, potentially resulting in false negative results in infected individuals. Although "Undetectable = Untransmittable" for sexual transmission, this **does not apply to transfusion transmission**.

PEP or post-exposure prophylaxis is a short-acting treatment started as soon as possible after a high-risk exposure to HIV to reduce the risk of infection. FDA has determined that the available data demonstrate that the use of PrEP or PEP may delay the detection of HIV by currently licensed screening tests for blood donations, potentially resulting in false negative results in infected individuals. Although "Undetectable = Untransmittable" for sexual transmission, this **does not apply to transfusion transmission**.

ART or antiretroviral therapy is the use of a combination of HIV medicines (called an HIV regimen) to treat HIV infection. HIV infection requires a permanent deferral despite treatment with ART. Antiretroviral drugs do not fully eliminate the virus from the body, and donated blood from individuals infected with HIV taking ART can potentially still transmit HIV to a transfusion recipient. Although "Undetectable = Untransmittable" for sexual transmission, this **does not apply to transfusion transmission**.

Hepatitis B Immune Globulin (HBIG) is an injected material used to prevent hepatitis B infection following a possible or known exposure to hepatitis B. HBIG does not prevent hepatitis B infection in every case, therefore, persons who have received HBIG must wait to donate blood.

Experimental Medication or Unlicensed (Experimental) Vaccine is usually associated with a research study, and the effect on the safety of transfused blood is unknown.

ADDITIONAL MEDICATIONS PLEASE TELL US IF YOU:			
Are being treated with the following types of medications:	or have taken:	which is also called:	anytime in the last:
Antiplatelet agents	Persantine	dipyridamole	2 days
	Aggrenox	aspirin/extended-release dipyridamole	
	Fiorinal Fiormor Fiortal Fortabs Lanroif	butalbital/aspirin/caffeine	
	Soma Compound	aspirin and carisoprodol	
Prostate Cancer	Lupron Lupron Depot Eligard Viadur	leuprolide acetate	6 months
Menstrual disorder treatment Or Endometriosis	Aygestin	norethindrone acetate (If you are taking norethindrone acetate for birth control ONLY, you are eligible to donate today.)	
Atrial fibrillation treatment	Multaq	dronedaron	
Direct thrombin inhibitors	Acova	argatroban	2 days
Direct Xa inhibitors	Betrixaban Darexaban Otamixaban	N/A	
	Lixiana	edoxaban	
Acne treatment	Tazorac cream	tazarotene	1 month
Autoimmune treatment	IVIG	intravenous immunoglobulin	12 months